

Origin Story — When Our Story with God Begins

Read: Psalm 28:7 NlrV



DAY

1

My Heart Trusts in Him

Did you know that the Bible teaches us that God gives us strength? In Psalm 28:7, it tells us that God is like a shield that keeps us safe and that we can trust Him.

Tape or glue the big heart and shield on to a paper or Styrofoam plate from the Activity Page and write how you trust God and how He keeps you safe!

LOOK to God when you're afraid.

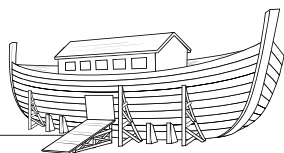
DAY

2

Noah Trusted the Lord

Noah had a big project to work on. God told Noah to make a very BIG boat! It was a lot to do, Noah had never built an ark before. But Noah trusted God each day. Noah probably had days when the building didn't go so great. And some days when Noah got a lot done. But Noah never gave up, Noah continued to trust God.

Draw picture of Noah building the ark.



ASK an adult how they trusted God when something seemed big and scary.

DAY

3

Trust when you don't understand

Noah probably didn't know how it would all turn out while he was on the boat. Thankfully, Noah and his family eventually stepped back onto dry land!

Do you ever have a hard time trusting God? Take those hard times and questions to God! You can even go to your family or someone at your church when you are having a hard time.

KNOW that you can trust God even when you don't understand.

DAY

4

God gives me a heart that can trust Him

You can pray the prayer below or pray your own.

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 "Dear God, thank You for always being with me.  
 Help me trust You with my whole heart. Amen."  
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THANK You, God, for giving me a heart that can trust You.

You can trust God even when you don't understand.

**Write or draw in the heart and shield
about the things you trust God with and
how he keeps you safe!**

